



## values for life

Values for Life is an educational program that provides student incursion seminars and teaching resources. These enable young people to develop community building values, make wise choices and fulfil their potential.

We aim to engage, impact and empower primary and secondary school students, providing learning outcomes that engender pro-social values, empathy and resilience. We are committed to working with the school to identify the most effective program that suits the needs of the school community and recognise that prevention programs are highly successful when part of a community effort.



Values for Life is associated with Concern Australia

### Values for Life

P: (03) 9416 1104

F: (03) 9416 2794

E: [v4lss@concernaustralia.org.au](mailto:v4lss@concernaustralia.org.au)

W: [www.valuesforlife.net](http://www.valuesforlife.net)

# Operation Empathy

## appreciating our differences

### Learning Focus

The **Operation Empathy** seminar and curriculum is designed to help students to think about the people they share their home, classroom, school and world with. More specifically, we focus on working as a member of a team and community and how we can best cooperate, appreciate, encourage and thrive when part of a team. We challenge students to think about the value of all people – big & small, and greater than just their group of friends and people who may be similar to them. Through a range of interactive games, music, and multimedia, the seminar helps students to think about empathy, putting themselves in someone else's situation and realising the positive impact we make when we value and encourage people to be themselves.

In addition to this student seminar, a complimentary teacher resource manual & curriculum is provided that can be implemented & modified by the school to extend the learning outcomes in the classroom over several weeks.

### Key concepts covered in the session:

The following are messages we want students to learn through the seminar:

- It is okay for me and others to think, look and act differently
- I know that getting along with others and teamwork is important in life individually and as a community
- We all make a difference, whether it is positive or negative – we need to choose the positive
- Empathy is an important emotion to develop
- Trust is an important element in any relationship
- Our values determine the decisions we make
- We need support & need to support others

### Essential Learning Standards

The Values for Life program presents a student learning program that intertwines elements of all three strands of VELS with the key focus on the following dimensions:

- **Building social relationships and working in teams** (Interpersonal Development domain), plus
- **Listening, viewing and responding** (Communication)

The table below shows these dimensions addressed and the degree of emphasis provided:

Strand	Domain	Dimension	Included	Focus	Major Focus	Teacher Manual
<a href="#">Physical, Personal and Social Learning</a>	<a href="#">Health and Physical Education</a>	Movement and physical activity Health knowledge and promotion	✓			✓
	<a href="#">Interpersonal Development</a>	Building social relationships Working in teams	✓ ✓	✓	✓	✓
	<a href="#">Personal Learning</a>	The individual learner Managing personal learning	✓ ✓			✓
	<a href="#">Civics and Citizenship</a>	Civics knowledge and understanding Community engagement	✓ ✓	✓		
	<a href="#">Discipline-based Learning</a>	<a href="#">The Arts, English, Humanities, LOTE, Mathematics, Science</a>	This seminar will relate to a number of these discipline-based VELS domains depending on the duration and focus specifically developed for each session.			
<a href="#">Interdisciplinary Learning</a>	<a href="#">Communication</a>	Listening, viewing and responding Presenting	✓ ✓	✓	✓	
	<a href="#">Thinking Processes</a>	Reasoning, processing and inquiry Creativity	✓	✓		✓
		Reflection, evaluation and metacognition	✓	✓		✓

primary level