



## values for life

Values for Life is an educational program that provides student incursion seminars and teaching resources. These enable young people to develop community building values, make wise choices and fulfil their potential.

We aim to engage, impact and empower primary and secondary school students, providing learning outcomes that engender pro-social values, empathy and resilience. We are committed to working with the school to identify the most effective program that suits the needs of the school community and recognise that prevention programs are highly successful when part of a community effort.



Values for Life is associated with Concern Australia

### Values for Life

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# Drugs & Alcohol

## making positive choices

### Learning Focus

The **Drugs & Alcohol** seminar & curriculum discusses drugs and alcohol in society. The seminar is designed to equip students to develop a basic understanding of why drugs and alcohol exist, raising safety measures, the potential harm it can cause and issues of peer pressure and decision-making. Through a range of interactive games, music, and multimedia, we explore some of the *why* questions behind the issues in addition to the *how* and *what*. A series of support resources relevant to drug and alcohol equips students with some tools for developing resilience, including identifying support structures.

In addition to this student seminar, a complimentary teacher resource manual & curriculum is provided that can be implemented & modified by the school to extend the learning outcomes in the classroom over several weeks.

### Key concepts covered in the session:

The following are messages we want students to learn through the seminar:

- My feelings & peer pressure can be powerful – we need to stop and consider our values and responses.
- All drugs can be harmful when used improperly.
- All people want to be accepted by others.
- Our peers & the media can be a powerful influence.
- Sometimes it's difficult but important to learn how to say "NO!"
- I know my values are important because they determine how I make choices, how I treat others and myself.

### Essential Learning Standards

The Values for Life program presents a student learning program that intertwines elements of all three strands of VELS with the key focus on the following dimensions:

- **Building social relationships and working in teams** (Interpersonal Development domain), plus
- **Listening, viewing and responding** (Communication)

The table below shows these dimensions addressed and the degree of emphasis provided:

Strand	Domain	Dimension	Included	Focus	Major Focus	Teacher Manual
<a href="#">Physical, Personal and Social Learning</a>	<a href="#">Health and Physical Education</a>	Movement and physical activity Health knowledge and promotion	✓	✓ ✓	✓	✓
	<a href="#">Interpersonal Development</a>	Building social relationships Working in teams	✓ ✓			✓
	<a href="#">Personal Learning</a>	The individual learner Managing personal learning	✓ ✓			✓
	<a href="#">Civics and Citizenship</a>	Civics knowledge and understanding Community engagement	✓ ✓			
<a href="#">Discipline-based Learning</a>	<a href="#">The Arts, English, Humanities, LOTE, Mathematics, Science</a>	Knowledge, understanding and skills gained through the various domains	This seminar will relate to a number of these discipline-based VELS domains depending on the duration and focus specifically developed for each session.			
<a href="#">Interdisciplinary Learning</a>	<a href="#">Communication</a>	Listening, viewing and responding Presenting	✓ ✓	✓	✓	
	<a href="#">Thinking Processes</a>	Reasoning, processing and inquiry Creativity Reflection, evaluation and metacognition	✓ ✓	✓ ✓		✓ ✓

primary level