



values for life

Values for Life is an educational program that provides student incursion seminars and teaching resources. These enable young people to develop community building values, make wise choices and fulfil their potential.

We aim to engage, impact and empower primary and secondary school students, providing learning outcomes that engender pro-social values, empathy and resilience. We are committed to working with the school to identify the most effective program that suits the needs of the school community and recognise that prevention programs are highly successful when part of a community effort.



Values for Life is associated with Concern Australia

Values for Life

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Learning Focus

The *Cyber Savvy* seminar and curriculum is designed to introduce the influence of ICT (information and communications technology) and the media to students. The usage of computers, mobile devices and other technology is a significant influence on our life and has many positive and negative elements to it including cyber-bullying, lack of social bonding, isolation and a sedentary lifestyle. The seminar demonstrates these elements and encourages students to be aware of this influence and be able to use technology that enables them to be cyber-safe, to be responsible and have a healthy participation in the online as well as offline world. Through a range of interactive games, music, and multimedia, the seminar encourages students to think about their own character, values and talents and the influence they have in their friendship groups, classroom, school and beyond.

In addition to this student seminar, a complimentary teacher resource manual & curriculum is provided that can be implemented & modified by the school to extend the learning outcomes in the classroom over several weeks.

Key concepts covered in the session:

- Development of communication through history
- The ways people interact and communicate through ICT
- Potential negative effects of ICT on ourselves in both our physical and mental health
- Responsibilities associated with the use of ICT
- The media can be a big influence, is commercially driven and is not always real
- Our self-worth – i.e. **what** we are (e.g. our skills or what we look like) is different to **who** we are (our character and values)
- Factors in helping us to be resilient – a core set of values that can remind us what is important despite our influences and circumstances

Essential Learning Standards

The Values for Life program presents a student learning program that intertwines elements of all three strands of VELS with the key focus on the following dimensions:

- **Building social relationships and working in teams** (Interpersonal Development domain), plus
- **Listening, viewing and responding** (Communication)

The table below shows these dimensions addressed and the degree of emphasis

Strand	Domain	Dimension	Included	Focus	Major Focus	Teacher Manual
Physical, Personal and Social Learning	Health and Physical Education	Movement and physical activity Health knowledge and promotion	✓			✓
	Interpersonal Development	Building social relationships Working in teams	✓ ✓	✓		✓
	Personal Learning	The individual learner Managing personal learning	✓ ✓	✓		✓
	Civics and Citizenship	Civics knowledge and understanding Community engagement	✓ ✓	✓	✓	
Discipline-based Learning	The Arts, English, Humanities, LOTE, Mathematics, Science	Knowledge, understanding and skills gained through the various domains	This seminar will relate to a number of these discipline-based VELS domains depending on the duration and focus specifically developed for each session.			
Interdisciplinary Learning	Communication	Listening, viewing and responding Presenting	✓ ✓	✓	✓	
	Thinking Processes	Reasoning, processing and inquiry Creativity Reflection, evaluation and metacognition	✓ ✓	✓ ✓		✓ ✓