

Drugs & Alcohol

making healthy choices

for primary school



Values for Life Incursions

Values for Life is an educational program that provides student incursion workshops and teaching resources. These enable young people to develop community building values, make wise choices and fulfil their potential.



Incursion Details

- * Sessions are interactive and involve a variety of games, stories, discussion and multi-media to engage and educate
- * Flexible to your timetable - catering for single, half-day or full-day sessions
- * Single sessions are between 60 and 90 minutes (depending upon year level)
- * Follow-up lesson plans and resources for teachers are included
- * Parent sessions are also offered on a number of topics
- * Costs are calculated on the number of sessions and location. Call or email us for a quick quote.



Values for Life

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Learning Focus

The **Drugs & Alcohol** incursion discusses drugs and alcohol in society. The seminar is designed to equip students to develop a basic understanding of why drugs and alcohol exist, raising safety measures, the potential harm it can cause and issues of peer pressure and decision-making. Through a variety of **interactive activities, games, discussion, stories, multi-media**, and **video** the workshop seeks to we explore why people use drugs in addition to how they affect your body. We equip students with some tools for developing resilience including identifying support structures, discuss negative peer pressure, what addiction is and how choices impact our future.

The **Drugs & Alcohol** incursion is recommended for mid to upper primary. In addition to the student incursion, a complimentary teacher resource manual & curriculum is provided that can be implemented & modified to extend the learning outcomes in the classroom over several weeks.

Key concepts covered in the session:

- ▶ Exploring the different reasons why people use drugs and alcohol
- ▶ The effects of drug use on the human body including medicinal and more harmful drugs
- ▶ How alcohol effects the brain
- ▶ What addiction is, how it begins and impacts the future
- ▶ The importance of making positive and healthy life choices
- ▶ How peer pressure can be powerful particularly for young people
- ▶ How to make wise choices that consider several factors
- ▶ Promotion of resilient factors including a caring community, having positive role models, setting goals and having a greater purpose in life

Essential Learning Standards

Values for Life Incursions present an interactive and engaging student learning program that intertwines elements of all three strands of the curriculum, the key focus is on the following dimensions:

- **Building social relationships and working in teams** (Interpersonal Development)
- **Listening, viewing and responding** (Communication)

The table below shows those dimensions addressed and degree of emphasis provided:

Strand	Domain	Dimension	Included	Major Focus	Teacher Manual
Physical, Personal & Social Learning	Health & PE	* Movement & physical activity	X		
		* Health knowledge & promotion		X	X
	Interpersonal Development	* Building social relationships		X	X
		* Working in teams	X		X
Personal Learning	Civics & Citizenship	* The individual learner		X	X
		* Managing Personal learning		X	X
Discipline-based Learning	The Arts, English, Humanities, LOTE, Maths & Science	* Civics knowledge and understanding		X	X
		* Community engagement		X	X
Interdisciplinary Learning	Communication	* Knowledge, understanding & skills gained through the domains		X	X
		* Listening, viewing & responding		X	X
	Thinking Processes	* Presenting	X		X
* Reasoning, processing & inquiry			X	X	
		* Creativity, reflection & metacognition		X	X