

# Great Mates

developing friendship skills

for primary school



## Values for Life Incursions

Values for Life is an educational program that provides student incursion workshops and teaching resources. These enable young people to develop community building values, make wise choices and fulfil their potential.



## Incursion Details

- \* Sessions are interactive and involve a variety of games, stories, discussion and multi-media to engage and educate
- \* Flexible to your timetable - catering for single, half-day or full-day sessions
- \* Single sessions are between 60 and 90 minutes (depending upon year level)
- \* Follow-up lesson plans and resources for teachers are included
- \* Parent sessions are also offered on a number of topics
- \* Costs are calculated on the number of sessions and location. Call or email us for a quick quote.



Values for Life

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W: [www.valuesforlife.net](http://www.valuesforlife.net)

## Learning Focus

The **Great Mates** incursion explores the importance of a healthy community and, more specifically, friendships that contribute to this. This incursion is designed to equip students with tools required to initiate, create and maintain good friendships that are caring, empathic, trusting and enable students to be confident with who they are. Through a variety of **interactive activities, games, discussion, stories, multi-media,** and **video** we discuss what makes a good friendship and practical ways in which students can implement this in their school and everyday life.

The **Great Mates** incursion is recommended for all primary students from lower to upper primary – adapted to suit the age level of the students. In addition to the student incursion, a complimentary teacher resource manual & curriculum is provided that can be implemented & modified to extend the learning outcomes in the classroom over several weeks.

## Key concepts covered in the session:

- ▶ What is a healthy friendship and that this takes effort
- ▶ The importance of having healthy friendships that are kind and considerate
- ▶ The impact of our words and actions on others and ourselves
- ▶ We all need a group of people that accept us and help us belong
- ▶ An important element of friendship is communication, empathy and trust
- ▶ It's okay for me and others to think, look and act differently
- ▶ There are simple, practical things that create and maintain healthy friendships
- ▶ Friendships sometimes involve a difference of opinions – we need to cultivate values of forgiveness and learn how to apologise when we hurt others
- ▶ The difference between good and toxic friendships

## Essential Learning Standards

Values for Life Incursions present an interactive and engaging student learning program that intertwines elements of all three strands of the curriculum, the key focus is on the following dimensions:

- **Building social relationships and working in teams** (Interpersonal Development)
- **Listening, viewing and responding** (Communication)

The table below shows those dimensions addressed and the degree of emphasis provided:

Strand	Domain	Dimension	Included	Major Focus	Teacher Manual
Physical, Personal & Social Learning	Health & PE	* Movement & physical activity	X	X	X
		* Health knowledge & promotion			
	Interpersonal Development	* Building social relationships		X	X
		* Working in teams		X	X
Personal Learning	Personal Learning	* The individual learner		X	X
		* Managing Personal learning		X	X
Discipline-based Learning	The Arts, English, Humanities, LOTE, Maths & Science	* Knowledge, understanding & skills gained through the domains	X		X
Interdisciplinary Learning	Communication	* Listening, viewing & responding		X	X
		* Presenting		X	X
Thinking Processes	Thinking Processes	* Reasoning, processing & inquiry		X	X
		* Creativity, reflection & metacognition		X	X