

Drugs & Alcohol

making positive choices



values for life

Learning Focus

The **Drugs & Alcohol** incursion & curriculum discusses drugs and alcohol in society. The seminar is designed to equip students to develop a basic understanding of why drugs and alcohol exist, raising safety measures, the potential harm it can cause and issues of peer pressure and decision-making. Through a range of interactive games, music, and multimedia, we explore some of the *why* questions behind the issues in addition to the *how* and *what*. A series of support resources relevant to drug and alcohol equips students with some tools for developing resilience, including identifying support structures.

In addition to this student incursion, a complimentary teacher resource manual & curriculum is provided that can be implemented & modified by the school to extend the learning outcomes in the classroom over several weeks.

Key concepts covered in the session:

- Exploring the different reasons why people use drugs and alcohol
- The effects of drug use on the human body
- The different effects of drugs and the consequences associated
- The importance of making positive and healthy life choices
- Promotion of resilient factors: a caring community, having role models, setting goals, priorities and purpose

Essential Learning Standards

The Values for Life program presents a student learning program that intertwines elements of all three strands of VIC Curriculum with the key focus on the following dimensions:

- **Building social relationships and working in teams** (Interpersonal Development domain), plus
- **Listening, viewing and responding** (Communication)

The table below shows these dimensions addressed and the degree of emphasis provided:

Strand	Domain	Dimension	Included	Focus	Major Focus	Teacher Manual
Physical, Personal and Social Learning	Health and Physical Education	Movement and physical activity Health knowledge and promotion	✓	✓ ✓	✓	✓
	Interpersonal Development	Building social relationships Working in teams	✓ ✓			✓
	Personal Learning	The individual learner Managing personal learning	✓ ✓			✓
	Civics and Citizenship	Civics knowledge and understanding Community engagement	✓ ✓			
Discipline-based Learning	The Arts, English, Humanities, LOTE, Mathematics, Science	Knowledge, understanding and skills gained through the various domains	This seminar will relate to a number of these discipline-based VELS domains depending on the duration and focus specifically developed for each session.			
Interdisciplinary Learning	Communication	Listening, viewing and responding Presenting	✓ ✓	✓	✓	
	Thinking Processes	Reasoning, processing and inquiry Creativity Reflection, evaluation and metacognition	✓ ✓	✓		✓ ✓

Values for Life is an educational program that provides student incursion seminars and teaching resources. These enable young people to develop community building values, make wise choices and fulfil their potential.

We aim to engage, impact and empower primary and secondary school students, providing learning outcomes that engender pro-social values, empathy and resilience. We are committed to working with the school to identify the most effective program that suits the needs of the school community and recognise that prevention programs are highly successful when part of a community effort.



Values for Life is associated with Concern Australia

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primary level