



## values for life

Values for Life is an educational program that provides student incursion seminars and teaching resources. These enable young people to develop community building values, make wise choices and fulfil their potential.

We aim to engage, impact and empower primary and secondary school students, providing learning outcomes that engender pro-social values, empathy and resilience. We are committed to working with the school to identify the most effective program that suits the needs of the school community and recognise that prevention programs are highly successful when part of a community effort.



Values for Life is associated with Concern Australia

### Values for Life

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# Things That Matter

## developing your life priorities

### Learning Focus

This incursion focuses on developing priorities in life by examining influences, beliefs, values and character. This incursion provides students with some practical strategies for identifying the things that really matter to them and then building a robust set of core values that give us goals, purpose and direction in life.

In addition to this student incursion, a **complimentary teacher resource manual & curriculum** is provided that can be implemented & modified by the school to extend the learning outcomes in the classroom over several weeks.

### Rationale

This seminar is an opportunity for students to begin to look beyond the pressures of their life, particularly the consumer focused media, and to begin to ponder the bigger issues of life. We explore some key factors for setting goals and priorities in life (e.g. identifying aspirations, developing plans and sources of support for achieving personal goals). We also demonstrate the need to see ourselves in a privileged position, the responsibility we have and to realise the difference we can make in our family, school, community and world.

### Key concepts covered in the session:

- Identifying the important things of life rather than the short-term or superficial
- Better decisions are based on reasoned values, not just emotions or peer influence
- Recognise the part we play in a community and the responsibility with it
- We need role models and we are role models
- Promotion of determining our values. What are they and on what basis?
- The promotion of setting goals and resilient factors that give us purpose and direction for life

### Essential Learning Standards

The Values for Life program presents a student learning program that intertwines elements of all three strands of VIC Curriculum with the key focus on the following dimensions:

- **Building social relationships** (Interpersonal Development domain), plus
- **Reflection, evaluation and metacognition** (Thinking Processes domain, in the Interdisciplinary Learning strand)

The table below shows these dimensions addressed and the emphasis provided:

Strand	Domain	Dimension	Included	Focus	Major Focus	Teacher Manual
Physical, Personal and Social Learning	Health and Physical Education	Movement and physical activity Health knowledge and promotion	✓			
	Interpersonal Development	Building social relationships Working in teams	✓ ✓	✓	✓	✓
	Personal Learning	The individual learner Managing personal learning	✓ ✓	✓		✓
	Civics and Citizenship	Civics knowledge and understanding Community engagement	✓		✓	✓
Discipline-based Learning	The Arts, English, Humanities, LOTE, Mathematics, Science	Knowledge, understanding and skills gained through the various domains		This seminar will relate to a number of these discipline-based VELS domains depending on the duration and focus specifically developed for each session.		
Interdisciplinary Learning	Communication	Listening, viewing and responding Presenting	✓ ✓			
	Thinking Processes	Reasoning, processing and inquiry Creativity Reflection, evaluation and metacognition	✓ ✓	✓	✓	✓

secondary level